

**Tulsi Powder**

**Scientific Name:** Ocimum Tenuiflorum.

**Product Description:** This package contains 100% organic Tulsi powder

**Benefits:**

* Rejuvenates hair follicles and strengthens roots.
* Promotes healthy hair and boosts hair volume.
* Treats dandruff, frizzy, and split hair.
* Prevents hair loss and premature graying of hair.
* Fights acne and reduces pigmentation.
* Soothes eczema.
* Cleans skin pores and removes excess oil

**How to Use:**

**Approximate Quantity:**

* For short hair (Shoulder length and above)- 75 to 100 grams
* Medium hair (mid-level back and above)- 150 to 200 grams
* Long hair (Waist and above)- 220 to 250 grams

***Note:*** *The above quantity can be mixed with water or yogurt to make thick paste and apply to hair to get 100% product benefits.*

* **For Hair Fall Treatment:**

**Step 1:** Take 2 tablespoons each of tulsi and amla powders.

**Step 2:** Make a thick paste using water and apply it to your hair using layer method covering scalp and roots of your hair.

**Step 3:** Leave it for an hour.

**Step 4:** Wash your hair using At Iraj’s herbal cleanser.

* **For Dandruff Treatment:**

**Step 1:** Take 4 to 6 tablespoons of coconut oil and add 2 teaspoons of tulsi powder.

**Step 2:** Apply the mixture to your scalp and massage in circular motion for 10 minutes.

**Step 3:** Leave the oil overnight or at least one hour before you wash your hair with At Iraj’s herbal cleanser.

* **For Oily Skin Face Mask:**

**Step 1:** Take1 teaspoons each of tulsi, rose powders and Multani mitti.

**Step 2:** Make a thick paste using rose water and apply it to your face and neck.

**Step 4:** Leave it on for 30 minutes. Rinse your face with cool water and pat dry.

**Step 5:** Apply hydrator or moisturizer.

* **For Facial Steam:**

**Step 1:** Take1 cup tulsi powder and 5 cups of water in a large bowl and boil it.

**Step 2:** Wash your face with preferred cleanser and lean over the boiled tulsi water for 5 to 10 minutes.

**Step 4:** Rinse your face with cool water and pat dry.

**Step 5:** Apply hydrator or moisturizer.

***Note:***

* *At Iraj’s we use 100% natural products, the above-mentioned benefits are not totally guaranteed.*
* *The amount of Tulsi powder depends on length and thickness of hair, the quantities mentioned above are estimated.*
* *Individual results may vary depending on hair type, existing chemical build up on hair*

**Bonus Recipe:**

* **Herbal Hair Oil:**

**Ingredients:**

* 2 Tbsp of amla powder
* 2 Tbsp of aloevera powder
* 2 Tbsp neem powder
* 2 Tbsp brahmi powder
* 2 Tbsp bhringraj powder
* 2 Tbsp rose petal powder
* 2 Tbsp hibiscus powder
* 2 Tbsp tulsi powder
* 2 Tbsp curry leaf powder
* 2 Tbsp fenugreek powder
* 2 Tbsp henna powder (optional)
* 750 ml or 25 fl oz of coconut oil (Can be regular, cold press or extra virgin)

**Method:**

**Step 1:** Take a heavy bottom pan, add herbal powders and coconut oil and boil it on low flame for 20-25 minute

**Step 2:** Switch off the flame and let the oil mixture come to room temperature

**Step 3:** Strain the oil into a clean and dry jar

**Step 4:** Use the herbal hair oil at least twice a week

***Note:*** *The herbal hair oil can be stored in a cool, dry place up to 6 months.*

For other products related info please visit us at: [www.atirajs.com](http://www.atirajs.com)

If you need additional info or have questions related to any of our products, please email us at: support@atirajs.com

Always remember: We Care About You !!

**Precaution:**

This product (Tulsi Powder) is for external use only. Keep out of reach of children and avoid contact with eyes. Before application do a small strand or patch test behind your ear and wait for 24 hours to make sure you are not allergic or sensitive to this product. If any itching, redness or burning occurs do not use this product and contact a doctor immediately. Not intended for eyebrows or eyelashes. If you are pregnant consult a doctor before application of this product.

**Disclaimer:**

The above statements have not been evaluated by the FDA. This product (Tulsi Powder) is not intended to diagnose, treat, cure, or prevent any diseases.